



**CENTRAL PHILIPPINE UNIVERSITY  
HUMAN RESOURCE DEVELOPMENT OFFICE**

**FACULTY/STAFF POST ACTIVITY REPORT**

Name: \_\_\_\_\_

*(Family Name, First Name, Middle Name)*

Department: \_\_\_\_\_ College/Unit: \_\_\_\_\_

Title of Training/Activity: \_\_\_\_\_

Conducted by: \_\_\_\_\_

Venue: \_\_\_\_\_ Dates: \_\_\_\_\_ Training ID: \_\_\_\_\_

**1. What are the specific Knowledge, Attitudes, and Skills that you learned in the training/seminar/professional meeting?**

A. Knowledge

B. Attitudes

C. Skills

**2. How will you be able to transfer your learning from the training/seminar/professional meeting attended to the workplace? Please cite examples.**

**3. What additional assistance, if any, will you need to be able to implement what you've learned at this training?**

**4. Who else from CPU might benefit from the same training?**

**5. Recommendations to CPU Training Program for personnel:**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Noted by:

\_\_\_\_\_  
Department Head / Unit Head

\_\_\_\_\_  
HRD Director

**\*\*Attachments:** *(Please check)*

- Photocopy of Certificate of Attendance/Completion
- Training Handouts