"THE VIRTUE OF LONGSUFFERING IN OUR RELATIONSHIPS"

Binhi sang Pagtuo

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Dear Friends,

Greetings!

Someone jokingly said that she has the virtue of longsuffering because she is always suffering.

Longsuffering is a fruit of the Holy Spirit. It is one of the main ingredients of love.

Don Hooser said, "Longsuffering is no longer an everyday word, but it is a virtue needed more than ever when impatience, intolerance, oversensitivity and impulsive anger are so prevalent."

The Greek word for longsuffering is makrothumia. Makro means "large" or "long" while thumia means "temper." It literally means long-tempered. This is the opposite of short-tempered.

1 Corinthians 13:4-5 "Love is patient, love is kind . . . It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs."

There are two words in the above verses that explains longsuffering - - patient and not easily angered.

Indeed our human impulse is to immediately retaliate or hurt back. It really takes time and much prayers to have the virtue of longsuffering. May the Holy Spirit teach us to act with love so that our relationships will bloosom.
May God bless us all!

Sincerely,

Rev. Francis Neil G. Jalando-on